

## COVID PPE

### DONNING AND DOFFING INSTRUCTIONS

#### PPE Donning Order:

- Perform hand hygiene
- Don gown, fully cover torso, tie around neck and waist
- Don appropriate mask or respirator
- Don face shield
- Don gloves, covering cuffs of gown

#### PPE Doffing Order:

Guideline: If hands or gloves become contaminated during doffing, perform hand hygiene

- Remove gloves using glove to glove, skin to skin technique
- Perform hand hygiene
- Remove gown by untying neck and waist ties. Touch only the inside of the gown. Take care to avoid touching the gown to clothing or clean areas of body. Roll the gown inside out and place into the soiled linen hamper.
- Perform hand hygiene

#### Step out of patient's room and close door

- Perform hand hygiene
- Apply clean gloves
- Remove face shield from the back by lifting head band or ear pieces
- With an Oxivir wipe, clean and hang face shield on designated IV pole to dry
- Remove gloves
- Perform hand hygiene
- Remove respirator by first grabbing bottom strap up and over head, then remove respirator using remaining top strap. Dispose of respirator.
- Perform hand hygiene