The Genomic DNA Test: Understanding Your Health Risks

Many things determine your health. One important factor is your genetics.

University of Vermont
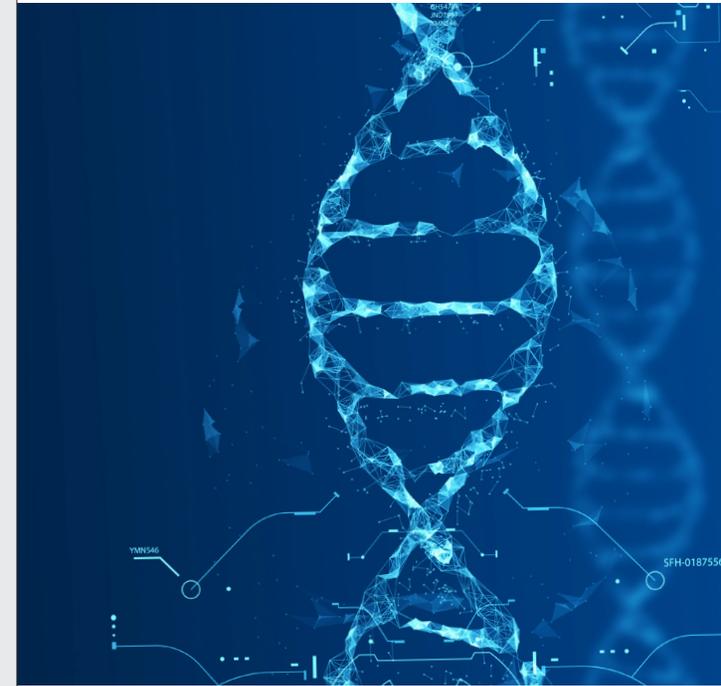### THE
HEALTH NETWORK

Questions?

For more information about the Genomic DNA Test, you may talk to your provider, ask about our patient information packet or contact our genetic experts at the Genomic Medicine Resource Center.

802.847.8135
DNAtest@uvmhealth.org

Important: The UVM Health Network will never call you on the phone to ask you to get this test. Testing is arranged through your health care provider only by your request.

Next steps:

- Ask your health care provider for the patient information packet for the Genomic DNA Test.

- Contact the Genomic Medicine Resource Center if you still have questions.

- Read and sign the informed consent form and return it to your primary care office.

Questions?

Contact the Genomic Medicine Resource Center
802.847.8135
DNAtest@uvmhealth.org

University of Vermont
HEALTH NETWORK

Your health is important to us. Understanding any differences in your DNA can provide valuable health information to guide your health care.

Why get tested?

- Your Genomic DNA Test may uncover differences that make certain diseases, such as cancer and heart disease, more likely for you. This information may help you and your health care team adjust your care to keep you as healthy as possible.

- If your genetic testing reveals a difference, your family members could also benefit from this information.

- This test may detect if you are a "carrier" of certain genetic conditions that will not affect you, but might affect your children or other family members. This can help you make informed choices about your future family. Your adult children may also benefit from this information.

- You may also learn of *lowered* risks for some genetic disorders for you and your children.

How does the testing work?

- We use a small amount of your blood to look at your DNA. The test will focus on the parts of your DNA that most affect your health and health care.

- The results of your test go into your health record, available to you and all of your health care providers.

- Genetics experts at the Genomic Medicine Resource Center are available to explain your results and answer your questions.

Who can get the Genomic DNA Test?

The test is available to you if:

- You are at least 18 years old.

- You receive your primary care from a UVM Health Network Family Medicine provider.

- You or your partner are not currently pregnant.

- You are part of the OneCare Vermont Accountable Care Organization (ACO), a care coordination and quality improvement organization. You can find out if you are part of the OneCare Vermont ACO by asking your primary care Family Medicine provider.

How much does it cost?

- There is no charge for the test or for your discussions with our genetic counselors at the Genomic Medicine Resource Center before and after testing.

- If your Genomic DNA Test results show a difference in your DNA, your provider may recommend other covered health care visits and tests which will be billed. You may have a copay.

- Visits with genetic counselors who are not a part of our Genomic Medicine Resource Center will be billed and you may have a copay.

Is it my choice to get the test?

Getting the test is optional – it's your choice. If you have questions about whether the Genomic DNA Test is right for you, a genetic counselor with our Genomic Medicine Resource Center can help.

Is this research?

We are offering the Genomic DNA Test as part of your clinical testing. However, your health and genomic data can help researchers learn more about health and disease. If you choose, you can securely share your data with researchers through our partner, LunaDNA. Learn more at learn.lunadna.com/uvmhn

luna DNA

Questions?
Contact the Genomic Medicine Resource Center
802.847.8135
DNAtest@uvmhealth.org