Support Groups

For Cancer Patients and Families

The following UVMMC support groups are free to attend unless otherwise noted. Dates and times are subject to change; please call the contact person listed for up-to-date information. For a list of other support groups and resources throughout the state, please visit the Vermont Cancer Survivor Network website and click on the "Resources" link: http://vcsn.net/

FRIENDS FOR LIFE SUPPORT GROUP

Mindfulness group for people living with cancer.
When: 1st Wednesday of the month
Time: 5pm - 6:30pm
Where: Zoom (call for link)
Contact: Julia Wick, (802) 847-5609

BREAST CANCER CONNECTION CIRCLE

For people navigating or recovering from breast cancer. All genders welcome.
When: 3rd Wednesday of the month
Time: 6:30pm - 8:00pm
Where: Zoom (call for link)
Contact: Stacy Burnett, (802) 858-5576

MULTIPLE MYELOMA SUPPORT GROUP

When: 3rd Tuesday of the month
Time: 5pm - 6:30pm
Where: Zoom (call for link)
Contact: JoAnn Nielson, (802) 847-5649

LEUKEMIA, LYMPHOMA, MYELOMA FAMILY SUPPORT GROUP

When: 1st Wednesday of the month
Time: 5pm - 7pm
Where: Zoom (call for link)
Contact: Michele Mosley, (802) 847-0467

GYNECOLOGIC MALIGNANCIES SUPPORT GROUP

For women with gynecological cancers.
When: 3rd Monday of the month
Time: 6pm - 7:30pm
Where: Zoom (call for link)
Contact: Stephanie Fraser, (802) 847-3234

CHAMPLAIN VALLEY PROSTATE CANCER SUPPORT GROUP

When: 2nd Tuesday of the month
Time: 6pm - 7:30pm
Where: Zoom (call for link)
Contact: Mary Guyette, (802) 274-4990

YOUNG SURVIVORS SUPPORT GROUP

For cancer patients ages 18-40.
When: 4th Tuesday of the month
Time: 5:30pm
Where: Zoom (email for link)
Contact: Kathleen.Mcbeth@uvmhealth.org

CAREGIVER LUNCH TIME MEETING

For those caring for a loved one with cancer.
When: 2nd Wednesday of the month
Time: 12:00pm- 1:00pm
Where: Zoom (email for link)
Contact: Kathleen.Mcbeth@uvmhealth.org

YOUTH & FAMILY BEREAVEMENT GROUPS

Two groups (children/teen and adult) meet concurrently to support the needs of grieving families.
When: Monthly (call for dates/times)
Where: Zoom (call for link)
Contact: Chelsie Lange, (802) 847-4069

THE University of Vermont CANCER CENTER

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