



Oncology Patient and Family Support—Online and by Phone

The Frymoyer Community Health Resource Center at the University of Vermont Medical Center offers a listing of reputable online and phone support groups, networks, and communities including one-on-one peer support for oncology patients and their families.

AMERICAN CANCER SOCIETY— CANCER SURVIVORS NETWORK

Join our online community by and for people with cancer and their families. Find and connect with others through our member search, discussion boards, chat rooms, and private CSN e-mail. Create your own personal space to tell us about yourself, share photos, audio, etc, start an online journal (blog), contribute resources, and more.

<https://csn.cancer.org/>

CANCERCARE — ONLINE AND PHONE SUPPORT GROUPS

Connect with others in support groups for cancer patients, loved ones and people who have lost a loved one, led by oncology social workers. Includes phone support groups for specific types of cancer.

https://www.cancercare.org/support_groups

VERMONT CANCER SUPPORT NETWORK — KINDRED CONNECTIONS PEER SUPPORT

Peer support for all those touched by cancer. Kindred Connections volunteers provide support and encouragement to cancer survivors. Survivors who have gone through similar experiences can offer a special kind of support. We can provide one-to-one assistance in person, by phone, or e-mail.

To make a connection email info@vcsn.net or call 802-552-3239

FOR MORE INFORMATION

FRYMOYER COMMUNITY HEALTH RESOURCE CENTER

Level 3, Main Pavilion, Main Campus
111 Colchester Ave.
Burlington, VT 05401

HOURS

Monday – Friday
8:00 am – 4:30 pm

PHONE

(802) 847-8821

EMAIL

ResourceCenter@UVMHealth.org

WEBSITE

UVMHealth.org/MedCenterCHRC



UVMHealth.org/MedCenter

ONLINE AND PHONE SUPPORT FOR SPECIFIC CANCER TYPES

BREAST CANCER — NATIONAL BREAST CANCER FOUNDATION

Our own **Beyond the Shock** online community is a free resource where members can ask any question about breast cancer and get answers from fellow survivors. It's a safe place to share your story, and be encouraged by the stories of others. You can also learn all about breast cancer through informative videos and easy-to-read articles.

<http://www.beyondtheshock.com/>

COLON CANCER — COLORECTAL CANCER ALLIANCE

Connecting with other patients, family members, and caregivers at different stages of your journey can be a helpful way to find support and get answers. There is nothing like talking to someone who has been through a similar situation. If you need help, or would like to provide hope and help to someone going through colorectal cancer, please join us for our support group chat.

<https://www.ccalliance.org/patient-family-support/patient-family-support-group-chat>

LEUKEMIA AND LYMPHOMA — LEUKEMIA & LYMPHOMA SOCIETY

We are a community of blood cancer patients, survivors and caregivers. We're here to support you, give you trusted information and resources, and help you feel connected. No one should have to face a blood cancer diagnosis alone. Features include online chats, peer-to-peer support, and an online community.

<https://www.lls.org/support-resources>

LUNG CANCER — GO₂ FOUNDATION FOR LUNG CANCER

Find powerful connections, purposeful collaboration, and valuable resources through our online support communities.

<https://go2foundation.org/resources-and-support/patient-communities/>

OVARIAN CANCER— NATIONAL OVARIAN CANCER COALITION

The National Ovarian Cancer Coalition CancerConnect Community is for everyone whose life has been touched by ovarian cancer. It is a place where you can safely voice your ideas, thoughts, and concerns, benefit from the experience of others, and most importantly, realize that you are not alone.

<http://nocccommunity.ovarian.org/>

PANCREATIC CANCER — PANCREATIC CANCER ACTION NETWORK

Offers support to patients, families, and caregivers through online support groups, telephone support groups, and an online community.

<https://www.pancan.org/facing-pancreatic-cancer/resources-support-and-research/support-groups/online-support-groups/>

PROSTATE CANCER — US, TOO (RECOMMENDED BY THE PROSTATE CANCER FOUNDATION)

Offers an online support community and phone conversation groups.

<https://www.ustoo.org/Join-An-Online-Prostate-Cancer-Support-Community>

<https://www.ustoo.org/Join-a-Phone-Conversation>



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