



A PHAT guide to ATV

All-Terrain Vehicles (ATVs) are a popular recreational activity and a useful tool.

TIPS FOR A SAFE RIDE

- Always wear a properly fitted helmet that meets the DOT safety standards
- Fit the ATV to the rider's size and age
- Ride only on designated trails
- Supervise riders younger than 16
- Keep a clear head while riding
- Keep a fully charged cell phone with you in case of emergency. If an individual is injured while using an ATV, seek professional medical assistance or call 911.

ADDITIONAL TIPS

- Take a safety course whether you are a new or experienced rider
- Regularly inspect your ATV, especially before rides. You will want to check tires for wear, rims for damage, and the overall condition of the controls and cables.
- Find other people to ride with! Not only is it more fun to ride with friends, but it is safer than going by yourself.