



Safe Sleep For Babies



Your baby should be placed to sleep on his or her back in a safety-approved crib on a firm mattress every time during naps and at nighttime.



Your baby should not sleep with others in a bed, on a couch, or in a chair.



Remove all loose bedding, comforters, quilts, sheepskins, stuffed animals, bumpers, wedges, and pillows from your baby's crib.



Keep your baby's sleep area close but separate from where others sleep.

