

Car seat safety



Babies must ride in a child safety seat (car seat) that is rear-facing.

If you have a car seat, get it checked at a car seat “fitting station” (inspection station) before your baby is born. You will get personal instructions on the installation and use of your car seat.

Nearby Fitting Stations – must call to make an appointment

- Bristol Fire Dept. - 802-453-3201
- Chittenden County Sheriff's Office - 802-863-4341
- Colchester Police Dept. - 802-264-5555
- Family Center and NCSS (at the St. Albans Fire Dept.) - 802-393-9415
- Richmond Rescue - 802-434-2394
- UVM Medical Center - 802-847-1215
- Vergennes Area Rescue - 802-877-3683
- Waterbury Ambulance - 802-798-2515



For a list of all Vermont fitting stations, see www.beseatsmart.org.

It is best to get your car seat and have it installed and checked several weeks before your baby is due to make sure a certified Child Passenger Safety Technician is available to help you and there is a car seat for you if you need one.

If you receive WIC or other income assistance and do not have a car seat, make an appointment at a fitting station for a free seat and help installing it in your car.

Whatever kind of seat you have, you will need to bring it to your room to have your baby fitted into it before discharge. For rear-facing only seats, you do not need to bring the base to the room.