

COVID-19 Recovery Support Group

It is important for people with long-lasting COVID symptoms to know they're not alone and they have support.

—Katherine Menson, DO, pulmonary and critical care physician at UVM Medical Center

Spread Facts, Not COVID-19.

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You Are Not Alone

The UVM Health Network COVID-19 Recovery Support Group is open to all patients, family members, caregivers and providers who have experienced COVID-19. The group meets online via Zoom on the third Wednesday of each month from 5-6:30 pm and is led by a UVM Medical Center physician. The group also includes other UVM Health Network experts that can provide education and resources. This forum will provide an opportunity for those affected by COVID to share their experiences with ongoing symptoms, learn about the latest scientific research on the disease and recovery, and find resources.

To register or learn more, email COVID19RecoverySupport@UVMHealth.org

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