Common Post-COVID Symptoms

- Headaches
- Extreme tiredness or fatigue
- Problems with memory and concentration ("brain fog")
- Sore throat
- Difficulty sleeping or insomnia
- Heart palpitations
- Joint pain
- Depression and anxiety
- Feeling sick with diarrhea or stomach aches
- A high temperature
- Tinnitus or earaches
- Difficulty finding words
- Dizziness
- Chest pain or tightness
- Changes to or loss of sense of smell
- Cough
- Shortness of breath or difficulty breathing, at rest or with activity
- Loss of appetite
- Changes to or loss of sense of taste
- Rashes
- Feeling pins and needles