



Join from the comfort of home.

Oncology Yoga with Geri Ann

Wednesdays, Noon - 1 pm

No matter what stage you are at in your cancer journey, this class may be beneficial. FREE and online for your convenience!

Led by Geri Ann Higgins, a registered yoga teacher who chose to become certified in yoga4cancer after her own cancer experience.

**For more information about the class or to sign up,
contact GeriAnn.Higgins@UVMHealth.org today!**



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