## Welcome to the Neonatal Intensive Care Unit ~ NICU ~

The NICU at Vermont Children's Hospital is a level III NICU capable of caring for a wide variety of infants. This includes sick and or premature infants born at some of the earliest stages of gestation.

The NICU has specially trained nurses, Neonatal Nurse Practitioners, Physicians, Physician Assistants, and Respiratory Therapists that all make up a part of the care team required to care for these special newborns.

## AT DELIVERY

Sometimes the NICU team may be present at the delivery of your baby so they can immediately start to address any needs your baby may have.

## **ADMISSION**

If your baby goes to the NICU, a medical team is present and oversees the care of your baby 24/7. The team also works collaboratively and closely with parents to keep you updated and informed about the care of your baby. Parents are viewed as a member of the care team. Also, the nutritional needs of your baby are always a priority. If your baby can feed, moms will breast feed as soon as possible and if not breast feeding pumping milk is greatly encouraged and supported. We also encourage skin to skin with both mom and dad and will seek to make physical contact between you and your baby a priority as soon as possible.

## **COVID-19 SPECIFIC INFORMATION**

Due to current health concerns regarding COVID-19, the NICU Is only allowing mom and her partner or support person in the NICU. Mom and her partner or support person both need to documented COVID-19 negative before entering the NICU. Additional health screening questions will also be asked prior to admission. The NICU also requires that a clean disposable procedure mask that we supply to be worn at all times while in the NICU.

