

# Preparing for Your Weight Loss Surgery

## Events Leading up to surgery

The initial step to determining if you are a candidate for weight loss surgery begins with an evaluation of your health questionnaire. If you meet the requirements, the following must be met for insurance approval:

- New Patient Informational Meeting
- Psychological evaluation (45 mins)
- Initial consultation with surgeon and dietician (1 hour)
- EGD (Upper Endoscopy) and Upper GI (Full day)
- Second visit with Surgeon to review testing (30 mins)
- Meet with Physicians Assistant (1 hour)
- Post-Op Nutrition Class (8am-11:30am)
- Behavioral Skills Class (10:30am-12)
- Weight Loss Support Group (6pm-7pm)
- Monthly visits with a provider and dietician until all requirements have been met (the amount of visits could vary) ( 45 mins each visit)
- Submission to insurance company
- Surgery date chosen, History and Physical scheduled

## OUR TEAM APPROACH TO WEIGHT LOSS

We want you to be successful in achieving a healthy and active lifestyle. We have a team of experts that includes surgeons, physicians assistants/nurse practitioners, registered nurses, dietitians, and psychologists ready to help you meet your weight loss goals.

The Bariatric Surgery Team at the University of Vermont Medical Center will help you determine whether you are a good candidate for weight loss surgery.

Contact our office at (802) 847-3330 for a health questionnaire or visit our website to complete our online appointment request form: [UVMHealth.org/MedCenterWeightLossSurgery](http://UVMHealth.org/MedCenterWeightLossSurgery)

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## FOR MORE INFORMATION

To find health information, or for convenient and secure access to your medical record through MyHealth Online, please visit [UVMHealth.org/MedCenter](http://UVMHealth.org/MedCenter) or call us at (802) 847-0000

## BARIATRIC SURGERY

353 Blair Park Road  
Williston, VT 05495

## HOURS

Monday – Friday  
8:00 am – 4:30 pm

## PHONE

(800) 358-1144  
(802) 847-3330

## FAX

(802) 847-0733



[UVMHealth.org/MedCenter](http://UVMHealth.org/MedCenter)