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Title of Owner	Dir GME
Title of Approving Official	GMEC
Date Effective	7/21/2022
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TITLE: Employee and Family Assistance Program

POLICY: The UVM Medical Center Employee & Family Assistance Program (EFAP) is available to assist residents/fellows (trainees) and their household family members with the following:

- Work-related problems
- Depression and Anxiety
- Relationship Difficulties
- Alcohol and Substance Use Questions
- Recovery following a traumatic event
- Work-based Critical Incident Response (CIR)

PROCEDURE:

- Services available through EFAP include assessment, short-term counseling, consultation, and referral services in person or by phone.
- All services of the EFAP are free and confidential.
- EFAP counselors are licensed and certified social workers and certified employee assistance professionals.
- For an appointment or assistance call EFAP (802) 847-2827 or e-mail EFAP@UVMHealth.org
- Off-shifts call the switchboard and request the on-call social worker
- EFAP is open Monday-Friday, 8:00 am – 4:30 pm

DEFINITIONS: None

REFERENCES: Accreditation Council for Graduate Medical Education, Institutional Requirements

REVIEWERS: Karen Miller, Dir GME

OWNER: Karen Miller, Dir GME

APPROVING OFFICIAL: Melissa Davidson, MD, GMEC