

The Genomic DNA test “NEXT STEPS”

1. If you would like more information or have concerns before getting the test, contact the Genomic Medicine Resource Center:

Email: DNAtest@uvmhealth.org or Phone: (802) 847-8135.

2. When you are ready to get the Genomic DNA Test done, **sign the “Clinical Genomic DNA Test Consent” form**. You may sign it:



- electronically at your provider’s office, or
- sign the paper consent found in the packet you received at your provider’s office or downloaded from <https://uvmhealth.org/GenomicDNAtest>. Then,
 - return the signed paper consent to your primary care office to be scanned, *or*
 - take a picture or scan of the *signed* form with your smart phone and attach it to a MyChart message to your provider.

3. Your primary care provider will order the test in Epic, the electronic health record system.

4. Options for getting your blood drawn are listed below. For some sites, you may need an appointment, but others are “walk-in”.

- If your PCP office’s medical assistant draws blood, you can get it drawn there.
- Any [UVM Medical Center blood draw site](#). Call (802)847-5121, option 1 for details.
- Porter Medical Center Laboratory at 115 Porter Drive, Middlebury. Call (802) 388-4747 for hours and details.

5. The phlebotomist will draw two lavender-top tubes of blood, a total of about two teaspoons. The phlebotomist should select in the EHR and “collect” three orders: (1) Comprehensive carrier screen (2) Proactive Health screen, and (3) Genomic Extract and Hold DNA. They should courier the two tubes to the UVM Medical Center’s Specimen Receiving section.

NOTE: if you asked for the saliva sample option instead of blood, a sample collection kit will be mailed to your home address in about a week. Follow the instructions in the kit. Then pack it up and ship it back to Invitae Lab using the pre-paid, pre-addressed shipping materials. Do not bring it to your PCP’s office or the blood draw sites.

6. Your Genomic DNA test **results will arrive in about a month**. Your primary care provider’s office will contact you to discuss them or schedule review with your provider.

NOTE: If you use the MyChart patient portal, you will see the “Genomic Medicine Action Plan (GMAP)” appear there. The UVMHC lab will also mail a paper copy of that and the complete Invitae lab reports to your street address.

Thank you for helping us make this process a success!

- ***The UVM Health Network Genomic Medicine Team, and Your Primary Care Provider’s Team***