

TEST UPDATE

Insulin Submit Temperature/Testing Schedule Update

UVMHC

Effective 1/24/2024, the preferred submission temperature for specimens for Insulin testing will change from frozen to **refrigerated**, as UVMHC has validated the stability for refrigerated (2-8°C) specimens up to 7 days. This means that specimens should no longer be placed on a frozen packing list, but, instead, should be placed on a **refrigerated packing list**. This change is being made to avoid missing specimens for Insulin testing when the sample was not placed on the frozen packing list. This will also help clients/providers with workflow since it will no longer be necessary to make a frozen aliquot for Insulin.

Updated Orderable	Epic Code	Atlas Code	Mayo Access ID	Order LOINC	CPT Code
Insulin	LAB527	INS	FAH201	20448-7	83525
Result Component Name	Epic Code	Atlas Code	Mayo Access ID	Result LOINC	Notes
Insulin	12301002032	INS	FAH201	20448-7	
Specimen Requirements:					
Container	Specimen	Temperature	Collect Vol	Submit Vol	Min Vol
SST	Serum	Refrigerated	4 mL	1 mL	0.3 mL
Collection Information:					
Stability: 7 days					
The patient should be fasting, as the reference ranges are based on fasting individuals.					
Serum should be removed from the clot, serum separator, or red blood cells as soon as possible.					

The testing schedule for Insulin will also change from the current 2 days/week (Monday and Thursday) to **3 days/week (Monday, Wednesday, and Friday)**, which will improve turn-around-time.

If you have any questions about these changes, please reach out to UVMHC Laboratory Customer Service at (802) 847-5121 or UVMHC Chemistry at (802) 847-5117.

PATHOLOGY & LABORATORY MEDICINE

111 Colchester Avenue | Mail Stop: 233MP1 | Burlington, Vermont 05401

PHONE LABORATORY CUSTOMER SERVICE

(802) 847-5121 | (800) 991-2799

