



A PHAT guide to Scooters

All scooters pose a risk of head injuries comparable to bikes, yet helmet usage is much lower among scooter users.

TIPS FOR A SAFE RIDE

- Always wear a properly fitted helmet and closed-toe shoes
- Stay focused, which means no headphones or texting while riding
- Before every ride, double check the brakes and make sure the handlebar is adjusted to the right height
- Be aware of your surroundings as uneven surfaces, like a crack in the pavement or loose gravel, can contribute to serious injuries
- Younger children may find it difficult to stay balanced on a scooter. American Association of Pediatrics recommends children wait until age 8 to ride a scooter

TYPES OF SCOOTERS

- Non-motorized scooters that require human-power to move
- Motorized scooters are scooters with a rechargeable battery
- E-scooter is a dockless scooter available for rent in communities