



A PHAT guide to Snowmobiling

With the beautiful snow filled winters of Vermont, snowmobiling is a fun way to get around and enjoy the scenery along 100's of miles of trails.

TIPS FOR A SAFE RIDE

- Always wear a properly fitted helmet that meets DOT safety standards
- Keep a clear head while riding
- Watch your speed and take current trail conditions and traffic into consideration
- Avoid riding on ice over lakes and rivers. If you do ride on ice, wear a life jacket over your outer clothing.

ADDITIONAL TIPS

- Complete a snowmobile safety training course that is State Police approved
- The American Academy of Pediatrics (AAP) recommends no children under age 6 ride on snowmobiles
- Do not place children in front of the driver. In the event of a crash, a child may be seriously injured by being crushed against the handlebars.
- Find other people to ride with! Not only is it more fun to ride with friends, but it is safer than going by yourself.