Just Call It Pesto

Ingredients
2 cups fresh green herbs (whatever you have!)
1/4 cup nuts or seeds (whatever you have!)
1/4 cup parmesan cheese (if you have it)
2-3 cloves garlic (if you have it)
1/2 cup extra virgin olive oil
To taste: salt, pepper, lemon juice

Instructions
1. In a food processor, add solid ingredients and pulse.
2. Turn the processor on and slowly drizzle in olive oil until it is a loose as you like.
3. Taste and season with salt, pepper, lemon.
4. Use immediately or freeze.

See variations on the back!

Culinary Medicine, Nutrition Services
Yields: 1 cup
Equipment: food processor, spatula

Just Call It Pesto!

SPRING GARLIC SCAPE PESTO
Ingredients
1 cup garlic scapes, chopped
1/4 cup sunflower seeds
1/4 cup parmesan cheese
1/2 cup basil leaves
1/2 cup extra virgin olive oil
To taste: salt, pepper, lemon juice

CLASSIC PESTO
Ingredients
2 cups fresh basil leaves, picked
1/2 cup parmesan cheese, shredded
1/3 cup pine nuts
3 cloves garlic, minced
1/2 cup extra virgin olive oil
To taste: salt, pepper, lemon juice