



# Community Health Impact Report 2024

## A MESSAGE FROM ERIN ARMSTRONG *Director, Community Health Improvement*



Our 2024 Community Health Impact Report demonstrates our commitment to working together to strengthen the health of our communities. Throughout the UVM Health Network, there are many efforts to address access to care and health related social needs. This report spotlights stories of impact, investment and partnership responding to community priorities identified through the Community Health Needs Assessments process. Our teams have focused on opportunities to work together and amplify local efforts. We will continue to work as a network to address the underlying drivers of health disparities and advance health equity across Vermont and Northern

## CHNA SHARED VISION

*As partner hospitals of UVMHN, we are committed to working collaboratively to improve community health outcomes and eliminate disparities. We achieve this through fostering strong partnerships, investing in community programs, and leveraging shared resources and knowledge effectively and fairly.*

*Through collaboration and alignment with regional and state health goals we enhance the quality and impact of our efforts.*

### 2024 IMPACT HIGHLIGHTS

**5,646**

Households served by CVMC-sponsored monthly Vermont Foodbank Veggie Van Go distribution

**100**

CVPH staff received Anti-Stigma training

**17.7%**

Of employees at AHMC completed Non-Violent and Violent Crisis Intervention and De-escalation training program, RIES

**154%**

Increased student access to mental health services via UVMHC-funded Youth Wellness Pod

**72%**

Wellness Rx participants at ECH reduced their A1c and/or BMI

**1,063**

Community members provided feedback on top health needs via PMC-led CHNA Community Member Survey

**\$125,000**

COMMUNITY BENEFIT FUNDS  
ALLOCATED TO PARTNERS

**\$1,034,134**

TOTAL COMMUNITY HEALTH  
INVESTMENT FUNDS FY24

**32+**

CROSS-SECTOR PARTNERS

**TOTAL INVESTED ACROSS NETWORK**

**\$1,159,134+**

Health care partners invest annually in initiatives that advance our community health priorities and strengthen community partnerships.



**“These funds represent the chance to make a positive impact on our community, and to help people with thoughtfulness, empathy and a desire to give them the power to create their own success and opportunities.”**

**— Lee Rivers, CEO of Community Connections of Franklin County**

## CROSS-SECTOR PARTNERS FUNDED THIS YEAR INCLUDE:

ACORN  
Adirondack Health Institute  
Addison County Home Health and Hospice  
Boys and Girls Club of Burlington  
Central Vermont Prevention Coalition  
Champlain Valley Office of Economic Opportunity (CVOEO)  
Chittenden Community Television d/b/a CCTV Center for Media & Democracy  
Chittenden County Homeless Alliance (CCHA)  
Community Connections of Franklin County  
Community Health Centers  
Community Health Center of the North Country

Conscious Homestead  
DISMAS of Vermont  
Dad Guild  
Essex County Mental Health  
HomeShare Vermont  
Janet S. Mundt Family Room  
Mental Health Association of Essex County  
Mental Health Association of Franklin County Inc.  
North Country Healthy Heart Network Pathways  
People's Health and Wellness clinic  
Pride Center of Vermont  
Spectrum Youth and Family Services  
The DREAM Program

The University of Vermont College of Agriculture and Life Sciences  
Town of Plattsburgh Parks  
Turning Point Center of Chittenden County  
United Way of the Adirondack Region  
United Way of Northeastern New York  
United Way of Northwest Vermont  
UVM Medical Center - CHI  
Vermont Racial Justice Alliance  
Vermonters for Criminal Justice Reform (VCJR)  
Wobanaki Inc.





## ALICE HYDE MEDICAL CENTER

In 2024, AHMC advanced priorities to promote well-being and prevent mental and substance use disorders and prevent chronic disease.

- 615 individuals (2023-24) completed Simulation Lab training for ACLS, EKG, patient rounding, imminent birth situation, mock code & EMS skills.
- Screened all patients for tobacco use; referred for intervention.
- Increased enrollment in employee fitness center by 47%.

[Learn More](#)

# 123

students (high school & college) hosted by AHMC for their clinical rotations, education and shadowing

# 1,478

total AHMC staff hours donated toward Community Benefit Activities

# 300+

new primary care patients served in 2024 at the new Hudson Headwaters clinic on AHMC's campus



## CENTRAL VERMONT MEDICAL CENTER

In 2024, CVMC focused with partners on addressing priorities including mental health, substance use disorders and the social drivers of health, advancing our mission to build a thriving Central Vermont community.

- 51% increase in Patient & Family Advisor program engagement
- 90% of overdose patients offered a Leave Behind Kit accepted it (up from 48%)
- 308 patients evaluated for inclusion in the ROAD program

[Learn More](#)

# 89%

agreed or strongly agreed with the statement

“I am more confident in my ability to eat healthy foods”

# 419

Household members served by Healthcare Shares program

“We ate healthier this summer than we ever have. I'm a single mom with three kids on Reach Up, so food is always hard.”

— Healthcare Shares Participant



## CHAMPLAIN VALLEY PHYSICIANS HOSPITAL

In 2024, CVPH focused on organizational well-being and improving community health via supporting community wellness initiatives, preventative care for chronic diseases, and addressing health related social needs and substance use disorders.

- Supported walking groups and distributed 400 bicycle helmets for children to promote physical activity.
- ED Care coordinator via Champlain Valley Family Centers assisted patients transitioning back into the community after substance use recovery.
- ED Care manager addressed patient health related social needs and substance use disorders.

[Learn More](#)

# 200

individuals supported by Cart of Connection and Well-Being

# 17

patients connected to services addressing identified social need, including enrollment in a substance use disorder program



## ELIZABETHTOWN COMMUNITY HOSPITAL

In 2024, ECH advanced efforts to prevent chronic disease, promote healthy women, infants and children and promote well-being and prevent mental health and substance use disorders.

- Hosted 14 successful annual community health and wellness events.
- Fall health screening events increased participation from 16 in 2023 to 56 in 2024.
- Wellness Rx: Supported 63 participants in 2024, with 72% reducing their A1c and/or BMI.

[Learn More](#)

# 235 + 571

Families Individuals

served by the food pantry operated out of the Crown Point Health Center

# 8,522

pounds of food given out in 2024





## PORTER MEDICAL CENTER

In 2024, PMC increased efforts to improve equitable access to health care, housing, and mental health care through collaborations with external community partners.

- Completed robust and inclusive 2024 Community Health Needs Assessment (CHNA), strengthening collaborative relationships with community partners throughout Addison County.
- Expanded access to mental health care by embedding mental health providers into all Porter Primary Care and Pediatric offices.
- Staff supported community events, including the Burlington and Middlebury Pride Parade. PMC won Best Float in Burlington!

[Learn More](#)

**\$20,000**

Donated to Addison County  
Relocalization Network in support  
of healthy food access

**1,063**

Community members  
responded to the CHNA  
community survey, available in  
6 languages for the first time



## UNIVERSITY OF VERMONT MEDICAL CENTER

Over the past year, the UVMMC together with the Chittenden Accountable Community for Health (CACH) Teams have made strides addressing the top three identified health priorities of cultural humility and inclusive health care, housing, and mental health and well being.

- Created an educational video with the Vermont Language Justice Project in 15 languages explaining when to use the Emergency Dept. (1,200+ views).
- Hosted a 9-session trauma-awareness series for 40+ mental health and housing direct service providers. Partnered with Camden Coalition to identify service barriers.
- Increased mental health service access at Edmunds Elementary and Middle School where 233 mental health sessions were conducted within the Youth Wellness Pod.

[Learn More](#)



**93%**

of clinical staff responsible  
for hygiene have completed  
Hair Equity Cornerstone  
training

**154%**

Increase in student access to  
mental health services via Youth  
Wellness Pod Initiative

**THANK YOU TO OUR NEW AND LONGSTANDING PARTNERS!**

THE  
**University of Vermont**  
HEALTH NETWORK

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