

SMALL BODIES, BIG RISKS

Protect Kids from Vape Poisoning

**SAFE
K:DS**
VERMONT

SafeKids.org

THE DANGERS of e-Liquids

- The liquids in vapes, also called **e-liquids**, contain poisonous chemicals.
- These chemicals can be life-threatening to children if eaten.
- e-Liquids with sweet scents and colorful bottles may appeal to curious kids.

WARNING SIGNS of Vape Poisoning

Look for these signs if a child swallows e-liquids:

- Nausea, vomiting or drooling
- Fast heartbeat or dizziness
- Hyperactive, then drowsy
- Seizures or trouble breathing (in severe cases)

KEEPING KIDS SAFE from Vape Poisoning

- Always store e-liquids out of sight and reach of children. Use a locked cabinet, if possible.
- Never buy e-liquids that look like food or candy.
- Do not fill vape devices near children or leave them unattended.

DID YOU KNOW: Young children are **MOST AT RISK**

Children under age 5 have the highest rate of vape poisoning in Vermont, with **50 cases** linked to e-cigarettes from 2020 to 2024.

(Northern New England Poison Center, 2024)



If you suspect
e-liquid poisoning,
**CALL 911 or THE
POISON CENTER at
1-800-222-1222**

Be ready to tell them:

- What was swallowed or touched
- How much
- Any symptoms they are experiencing

YOUR ACTIONS WILL SAVE LIVES!

Store e-liquids safely and educate others about the risks. For more tips, visit nnepc.org/poisons/n/nicotine

Ready to quit tobacco or vaping for good?

Visit 802Quits.org for free resources and support.

