

# Burlington Dashboard

## Blueprint Goals

- Improve population health
- Improve patient experience
- Reduce healthcare expenditures

## At A Glance

- 28 practices recognized as Patient-Centered Medical Homes
- 160,140 Vermonters seen by Blueprint Practices in the Burlington Health Service Area
- 38.73 FTE Community Health Team Staff Members
- 11 Spoke Staff Members
- 36 Community Self-Management workshops provided
- 19 SASH Teams; 1735 participants

## Community Partners

- University of Vermont Medical Center, Visiting Nurse Association, Community Health Centers of Burlington, Howard Center, OneCare Vermont, Health First, CHAC (Community Health Accountable Care), Champlain Valley Area on Aging, Bayada, Vermont Chronic Care Initiative, Vermont Agency of Human Services, Green Mountain Nursing Home, Planned Parenthood, Burlington Health & Rehab, SASH (Support and Services At Home), Starr Farm Nursing Center, LUND Family Center and others.

## Funding

### Community Health Team (CHT)

- CHT payments of \$32.40 per patient per year
- Payments based on 88,517 attributed patients

### Payers:

Cigna, MVP, Medicaid, Medicare, BlueCross BlueShield of Vermont

## Resource Allocation

Burlington Health Service Area Resource Allocation in FTE



\*Other includes: Referral Manager, Psychiatrist, Psychologist, Certified Diabetic Educator, Acupuncturist

## HSA Initiatives

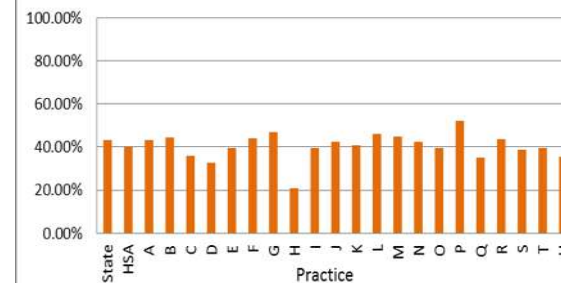
**Hospice & Palliative Care** – To increase utilization of hospice services in Chittenden County by 5% in the next year.

**ED Utilization** – Work collaboratively to reduce potentially avoidable ED visits for UTI, URI, nausea and vomiting.

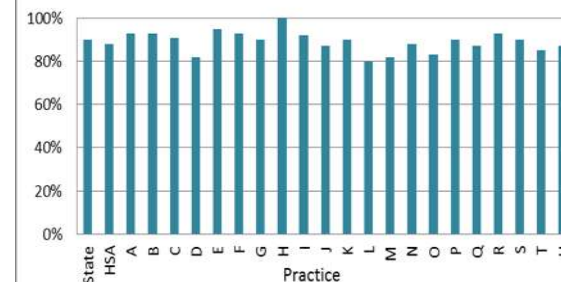
**Care Coordination** – Testing team-based shared care management interventions with at risk-populations.

## Adult Practice Profiles 2014

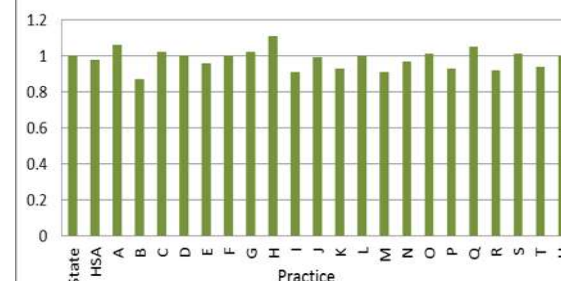
### Percentage of Patients with Selected Chronic Conditions (2014)



### Percentage of Diabetic Patients with HbA1c Testing (2014)

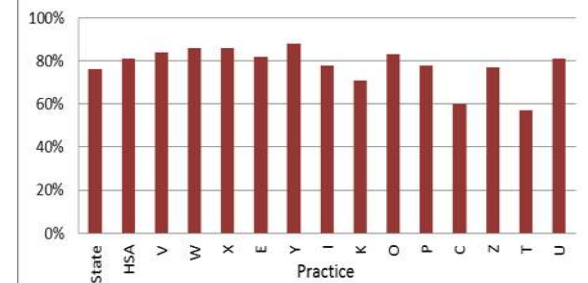


### Total Resource Use Index (RUI) (excluding SMS) (2014)

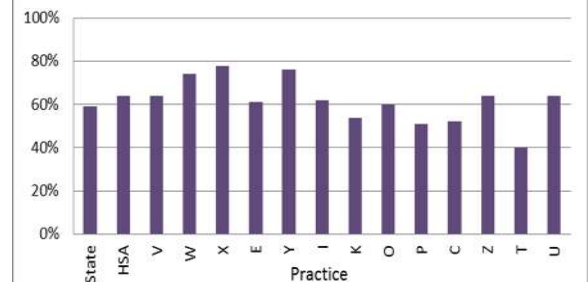


## Pediatric Practice Profiles 2014

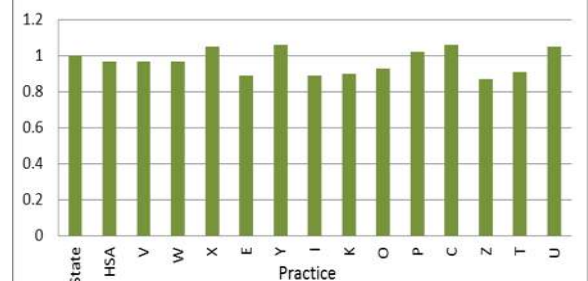
### Percentage of Patients with Well-Child Visits (2014)



### Percentage of Patients with Adolescent Well-Care Visits (2014)



### Total Resource Use Index (RUI) (excluding SMS) (2014)



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## Practice Focus

### Chronic Conditions:

Diabetes, Hypertension, Hypothyroid, Asthma, ADHD, Hyperlipidemia

### Behavioral/Lifestyle Conditions:

Depression, Tobacco Use, Obesity, Anxiety

### Health Screenings:

Mammography, Cervical Cancer Screening, Colon Cancer Screening, Colonoscopy, Aortic Aneurism Screening, Breast Cancer Screening, Medicare Wellness Screening

## Patient Centered Medical Homes

Alderbrook Family Health  
Burlington Primary Care  
Champlain Center for Natural Medicine  
Charlotte Family Health  
Christopher Hebert, MD  
Community Health Centers of Burlington  
Essex Pediatrics  
Evergreen Family Health  
Eugene Moore, MD  
Frank Landry, MD  
Good Health  
Hagan, Rinehart & Connolly  
Mountain View Natural Medicine  
Richmond Family Medicine  
Timberlane Pediatrics  
Thomas Chittenden Health Center  
UVMC Adult Primary Care Burlington  
UVMC Adult Primary Care S. Burlington  
UVMC Adult Primary Care Williston  
UVMC Adult Primary Care Essex  
UVMC Family Medicine Colchester  
UVMC Family Medicine Hinesburg  
UVMC Family Medicine Milton  
UVMC Family Medicine S. Burlington  
UVMC Pediatrics Primary Care Burlington  
UVMC Pediatrics Primary Care Williston  
Winooski Family Health

## Community Health Teams

Includes core and embedded staff:

Care coordinators  
Registered Nurses  
Social Workers  
Dietitians  
Health Coaches

## Self-Management Workshops

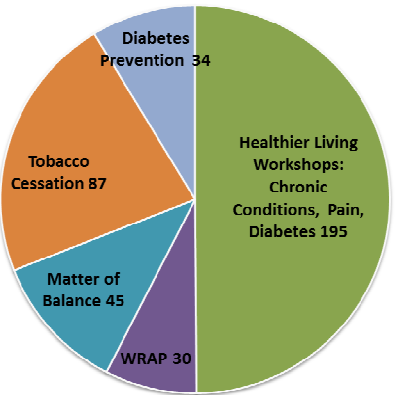
Nearly half of all adults have one or more chronic health conditions and one in four have two or more. Our Self-Management Programs provide a supportive atmosphere for participants to focus on building skills to manage their own health by sharing experiences and providing mutual support. Programs are offered in the areas of diabetes prevention and management, quitting smoking, emotional wellness, chronic disease management and chronic pain management. All of our programs are evidence-based for excellence in clinical outcomes.

Visit <http://myhealthvyt.org/> for upcoming workshops

## Workshop Participation

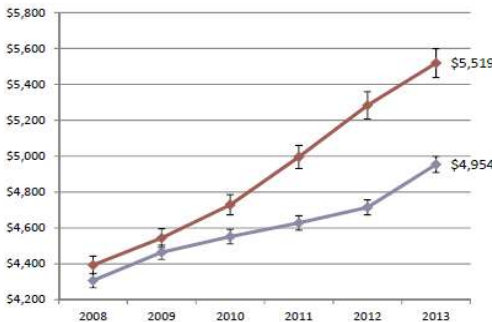
Total Participants in Self-Management Programs

Grant Year '14-'15

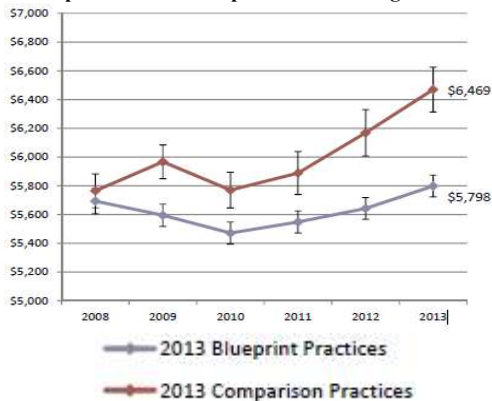


## State-Wide Outcomes

Total Expenditures Per Capita - Commercially Insured Ages 18-64



Total Expenditures Per Capita - Medicaid Ages 18-64



Source: Vermont Blueprint for Health 2014 Annual Report

## Medication Assisted Therapy (MAT)

A team of Nurses and Mental Health Clinicians work with suboxone prescribers supporting patients wishing to abstain from opioid misuse. The program currently is funded by Medicaid and is available statewide. In Chittenden County we have approximately 450 patients and 4.5 MAT Teams located in primary care, a pain clinic, obstetrics, residential treatment and a program of young pregnant and post-partum women with children.

## New Initiatives

### Tobacco

Our 4 Tobacco Treatment Specialists provide in person tobacco cessation support in the community. In 2015 we had 87 participants in the Fresh Start group class. New for 2016 the TTS's will also provide cessation support for tobacco users admitted in the hospital.

### Motivational Interviewing

Motivational Interviewing is a goal-oriented, client-centered conversation style for exploring and resolving ambivalence towards behavior change. The CHT has 4 members who completed advanced training in MI and have been working on training our colleagues on the team and across the organization.

### Advance Directives

Advance Directive preparation Assistance is offered through The Community Health Team. CHT Social Workers and volunteers provide this assistance after receiving training by the VT Ethics Network. Our Volunteers meet with clients needing assistance completing their Advance Directive. Referrals for assistance in completing Advance Directive come by self or providers. Approximately 200 Advance Directive referrals have been received in 2015.

November 2015 – Blueprint Project Management Team (Penrose Jackson, Pam Farnham, Robyn Skiff, Kelly Walters, Kerry Sullivan, Emily Piazza, Allison Oskar and Nicole Lamphere)