

2019

Community Health Needs Assessment Chittenden and Grand Isle Counties, Vermont

Condensed Summary



Purpose of the Assessment

This summary provides general findings from the Community Health Needs Assessment (CHNA). The assessment covers a range of topics, but is not a complete analysis of any one issue. Rather, these data help to identify priorities which lead to productive community discussion and initiatives. To explore a comprehensive review of health data and community input on health issues relevant to Chittenden and Grand Isle counties, visit <https://www.uvmhealth.org/CommunityNeeds>

Mental Health

Across all research methods, health statistics, and community stakeholder feedback pointed at the need to do more to impact mental well-being of community members.

Substance Use Disorder

The use of alcohol, illegal substances, and prescription drug use impacts individuals, families, and communities.

Affordable Housing

Homeownership and housing affordability are among social determinants of health that impact residents’ overall health.

Childhood and Family Health

Investing in the youngest community members and building family resilience leads to healthier communities.

Disease Prevention

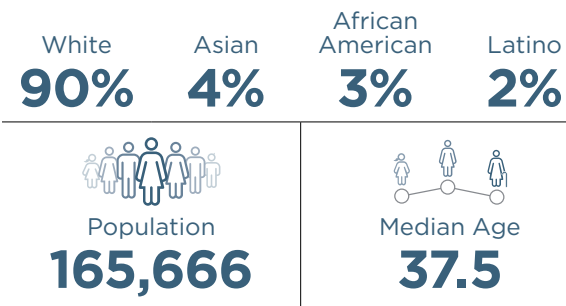
Chronic diseases are the leading causes of death and disability. Cancer, heart disease, stroke, diabetes, and lung disease account for more than 50% of deaths in Vermont and are among the top seven causes of death in the state.

Cancer*

Cancer is the leading cause of death across Vermont and in Chittenden and Grand Isle Counties.

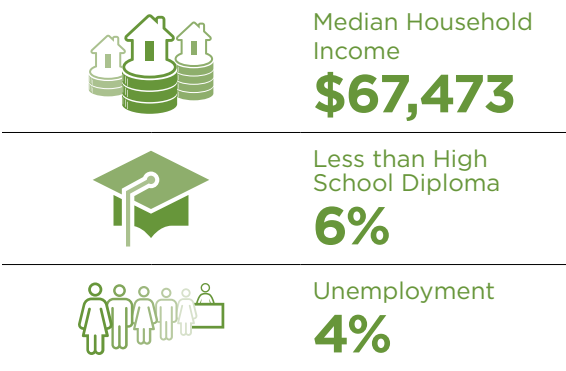
Demographic and Socioeconomic Factors

Chittenden County

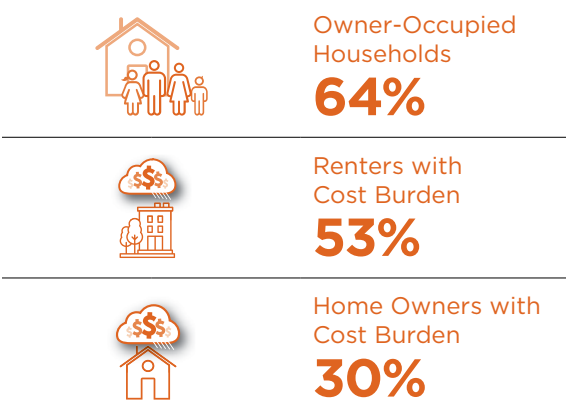


Population Growth by 2022
4%

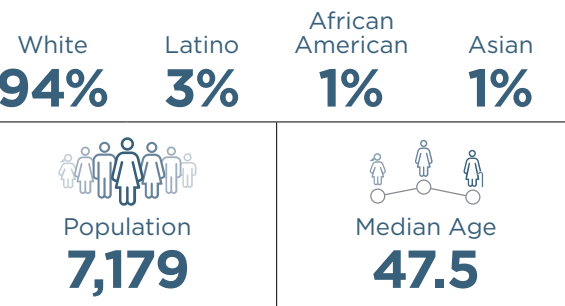
Income & Employment



Households

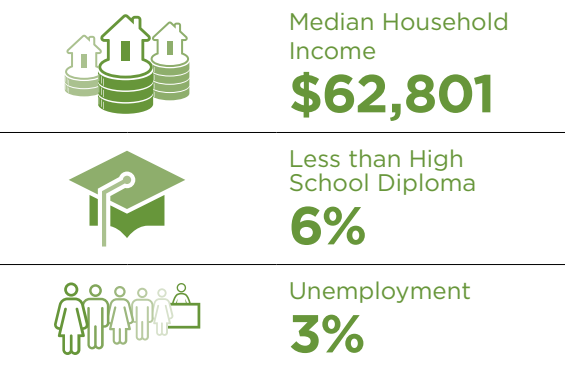


Grand Isle County

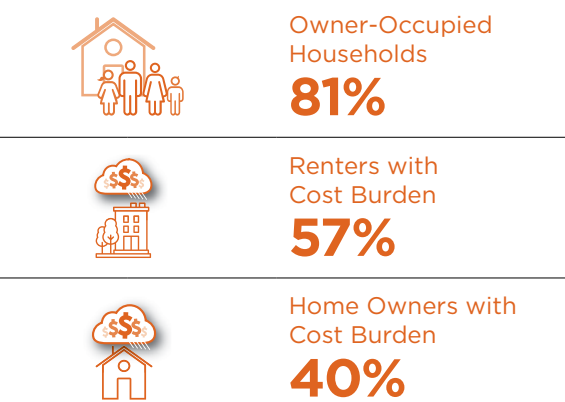


Population Growth by 2022
1%

Income & Employment



Households



Overview of the Study

PURPOSE

This brochure highlights findings for Chittenden and Grand Isle counties, Vermont from the Community Health Needs Assessment (CHNA).

WHO

The CHNA pursued input from persons representing broad interests of the community, including leaders with special knowledge or expertise as well as community residents. The CHNA Community Steering Group distributed a community survey that was completed by 1,948 residents. In addition, the group circulated a key informant survey to 202 individuals with special knowledge of community health, and conducted key informant interviews with 31 stakeholders to obtain a better understanding of needs among underserved populations. Lastly, the group hosted a Community Leader Breakfast where over 120 individuals gathered to prioritize the needs identified in the community survey.

WHY

Although the Affordable Care Act mandates that triennial CHNA's are conducted by all non-profit hospitals, the UVM Medical Center has led assessments since the 1980's. The purpose of the 2019 assessment is three fold: identify significant priority health needs, provide insight that will inform the medical center's Implementation and community partners' strategic plans, and meet state and federal requirements.

HOW

To ensure the 2019 CHNA was a community-wide engagement, a Community Steering Committee was formed to oversee the project, assist with data collection, and lend local expertise to the findings. Consultants were used to collect and analyze secondary data, administer and analyze data from the Key Informant and Community Surveys, guide the prioritization process, facilitate the Community Breakfast, and compile reporting. Specific methodologies used in the 2019 CHNA are as follows:

- A secondary data profile of socioeconomic data, public health statistics, and health care utilization
- A Community Survey of Chittenden and Grand Isle County residents
- A Key Informant Survey with community leaders and representatives
- Key Informant Interviews with community stakeholders
- A Community Breakfast to review findings and gather community input



To read the full report, visit:

www.uvmhealth.org/CommunityNeeds