

**PACKAGING YOUR SAMPLE FOR TRANSPORT**

- Be sure to label your sample with your full legal name, date of birth, and date and time of collection.
- Be sure the cap is secure on the top of the vial.
- Put the vial into the large inner sleeve of the zip lock bag provided and secure zip lock seal.
- Put the laboratory order provided by your physician in the outer sleeve.

**DELIVERING YOUR SAMPLE TO THE LAB**

You can drop your sample off at any of the laboratory service location centers listed on the back of this guide.

To drop off a sample outside of our regular collection centers hours, stop by the Main Campus information desk, inside the front entrance on Level 3 (street level), and a laboratory employee will be contacted.

**Questions?**

Call (802) 847-5121 or (800) 991-2799

**LABORATORY SERVICE LOCATIONS**

These are our outpatient laboratory collection centers where you can drop off your sample:

**MAIN CAMPUS****Ambulatory Care Center (ACC)****Laboratory Service**

111 Colchester Avenue  
Main Pavilion, Level 2 (Orange Level)  
Burlington, VT 05401

**1 SOUTH PROSPECT****Laboratory Service**

1 South Prospect Street  
First Floor Lobby (Street Level)  
Burlington, VT 05401

**FANNY ALLEN CAMPUS****Medical Office Building**

792 Colchester Parkway, First Floor Street Level  
Colchester, VT 05446

**ADULT PRIMARY CARE WILLISTON****Laboratory Service**

353 Blair Park Road  
Williston, VT 05495

**FOR MORE INFORMATION**

For routine hours and directions please visit [UVMhealth.org/MedCenterDrawSites](http://UVMhealth.org/MedCenterDrawSites) or call us at (802) 847-5121 or (800) 991-2799.



# Collection Instructions

## Feces Sample

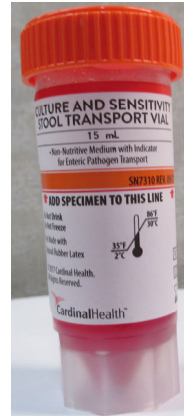
# Feces Sample Collection

1. Collect a feces sample at any time unless:
  - You are taking medicine for constipation.
2. If possible, urinate in the toilet before collecting the feces sample to avoid contamination.
3. Collect the sample in the Collection Commode (hat) given to you that fits on the toilet rim. If you were not given a collection commode you can put plastic wrap over the top of the toilet bowl and put the seat down over the wrap to collect your sample.
4. Be sure to use the container given to you.
5. Do not mix water from the toilet bowl or urine with the sample. This will spoil the test.
6. Transfer the specimen to the Collection Container. The Collection Container may have a spatula attached to the top that you can use to transfer the sample into the vial. If not available, use a clean disposable spoon.
7. If your container has a Fill Line, do not overfill. A fecal sample about the size of a walnut is a good amount.
8. Label the container with:
  - Patient's full legal name (First and Last, please no nicknames).
  - Date of birth
  - Date and time of collection
10. See Collection Containers for storage temperature and time requirements.

# Collection Containers

## FECAL BACTERIAL PATHOGEN PCR OR FECES CULTURE UNUSUAL PATHOGENS

Specimens are submitted in Para-Pak C&S Transport Medium (orange cap with pink liquid).



Add a feces sample to the orange fill line (see arrow).

**Do not overfill.**

Store sample at room temperature. Deliver to the laboratory within 72 hours of collection.

Specimens that are **not in Para-Pak C&S Transport Medium**

must be received in the Microbiology **Laboratory within 2 hours** of collection.

## GIARDIA & CRYPTOSPORIDIUM OR OVA & PARASITE EXAMS

Specimens are submitted to the laboratory in a Total-Fix Container (black cap with red label).



Add a feces sample to the black fill line (see arrow). **Do not overfill.**

If the test is for "Feces for Ova and Parasite x 3," collect feces on three separate days. Use a new container for each day. Store sample

at room temperature.

Deliver to the laboratory within 72 hours of collection. Specimens that are **not in a Total-Fix Container** must be received in the **Laboratory within 2 hours** of collection.

## H. PYLORI STOOL ANTIGEN, CLOSTRIDIUM DIFFICILE TESTING AND FECAL LACTOFERRIN FOR WHITE BLOOD CELLS



Specimens are submitted in a sterile container without preservatives. Non-sterile containers (food jars, plastic containers) are **NOT** acceptable. Sample must be refrigerated until it is delivered to the laboratory. Feces samples for

*Clostridium difficile* testing must be soft or liquid and take on the shape of the container. Approximately 2 tablespoons is a good amount. Sample must arrive at the lab within 48 hours of collection. Not appropriate for children less than 1-year old.

## FECAL ELECTROLYTES, OR PH AND REDUCING SUBSTANCES FECES



Specimens are submitted in a sterile container without preservatives. Non-sterile containers (food jars, plastic containers) are **NOT** acceptable. Sample

must be soft or liquid. Refrigerate and **deliver to the lab within 3 hours of collection.**

## PATIENTS IN DIAPERS

Fecal samples for Bacterial Pathogen PCR, Giardia & Cryptosporidium, or Ova & Parasite Exams cannot be collected directly from the diaper. The detergents, perfumes and urine from the diaper will spoil the test.

**Do not send in the diaper.**

- Line the diaper with plastic.
- Remove the diaper within 30 minutes after the bowel movement. Place feces into each of the containers provided. Do not overfill the containers.
- Label the container as directed above.